



Over-the-Counter Drug List

Over-the-Counter Drugs Used Primarily for Medical Care

These items are reimbursable only with a third-party receipt (the name of the medication and the purchase date must be on the receipt). No recommendation from a health care provider is required.

Type of Drug	Examples ¹
Allergy Prevention & Treatment	Actifed, Benadryl, Claritin, Nasalcrom, Sudafed
Antacids and Acid Reducers	AXID AR, Gas-X, Maalox, Mylanta, Pepcid AC, Prilosec OTC, Tagamet HB, Tums, Zantac 75
Anticandial	Fenstat 3, Gyne-Lotrimin, Mycelrx-7, Monistat 3, 7, Vagistat-1
Antihistamines	Actidil Syrup and Capsules, Actifed, Allerest, Chlor-Trimeton, Contac, Dimetane, Drixoral, Nyquil, Tavist-1, Triaminic
Antidiarrheal and Laxatives	Ex-Lax, Immodium A.D., Kaopectate, Pepto-Bismol
Anti-fungal	Lamisil AT, Lotramin AF, Micatin
Anti-itch Lotions and Creams (e.g., for athletes foot, jock itch, bug bites, poison ivy)	Bactine, Benadryl Cream, Calamine Lotion, Caldecort, Caladryl, Cortaid, Hydrocortisone, Lanacort
Asthma	Primatene Mist
Cold Sore/Fever Blister	Abreva Cream, Carmex
Condoms and Other Contraceptive Devices	Trojans, Magnum, VGF Film, Delfen Contraceptive Foam
Contact Lenses Solutions	Aosept, Allergan, Bausch & Lomb, Boston, Opti-Free, Renu
Cough Suppressants	Chloraseptic, Robitussin, Vicks 44
Decongestant/ Nasal Decongestant and Cold Remedies	Advil Cold and Sinus, Afrin, Afrinol, Aleve Cold and Sinus, Alka Seltzer Cold and Flu, Children's Advil Cold, Duration, Dristan Long Lasting, Neo-Synephrine-12 Hour, Orrivin, Pedialyte, Sudafed, Tavist-D, Tylenol Cold and Flu, Theraflu
Diaper Rash Ointments	Balmax, Desitin
Eye Drops for Allergy/Cold Relief	Ocu Hist
First Aid Supplies	Ace Bandages, Band-Aids, Bandage Tape, Gauze, Medical Gloves, Neosporin, Rubbing Alcohol, Thermometers, Visine
Hemorrhoid Treatments	Preparation H, Hemorid, Tronolane
Internal Analgesic/antipyretic	Advil, Aleve, Children's Motrin, Nuprin, Excedrin, Tylenol, Bayer
Incontinence Supplies	Depends
Liniments	BenGay, Tiger Balm, Flexall
Medical Monitoring	Services and Bracelets specifically for medical information
Medical Products and Devices	Blood Pressure Monitor, Cholesterol Test, Diabetic Supplies, Crutches, Glucose Tester, HIV Test Monitor, Pregnancy Testing Kits, Ovulation

¹ This list is not an exhaustive list and is intended to give examples of some of the most common brand names of OTC drugs.



Menstrual Cycle Medications	Midol, Pamprin, Premysyn PMS
Migraine	Advil Migraine Liqui-gels, Excedrin Migraine, Motrin Migraine Pain
Motion Sickness Medication	Dramamine, Marizine
Nicotine Gum/Patches and Smoking Cessation Aids	Commit, Nicoderm CQ, Nicorette, Nicotrol, Nicodin
Pediculicide (head lice)	Nix
Poison Ivy Protection	Ivy Block
Sleep Aids	Sominex, Sleepinal, Tylenol Simply Sleep, Unisom Sleep Tabs
Sunscreen and Sun block	Coppertone, Hawaiian Tropic, Neutrogena
Toothache and Teething Pain Relievers	Orajel
Wart Removal Medications	Tinamed

Dual Purpose OTC Drugs

These items require a third-party receipt and a note from the health care provider listing the diagnosis of the medical condition and the recommendation of the OTC Drug.

Anti-baldness/ hair loss/ hair replacement/ such as Rogaine, but only if to replace hair loss due to a medical condition (e.g. cancer treatment) and not for balding due to age
Fiber supplements such as Benefiber and Metamucil
Glucosamine/Chondrotin for arthritis or other medical condition (not reimbursable if taken for overall joint health)
Herbal supplements used to treat a specific disease such as St. John's Wort for depression
Hormone Therapy Drugs
Medicated shampoos to treat a specific medical condition like psoriasis (only the amount in excess of the cost of normal shampoo is reimbursable.)
No Doz (and other sleep prevention drugs)
Nose strips for proper breathing or other medical conditions
Retin-A and other acne medicines (not reimbursable if used for cosmetic purposes such as wrinkle reduction)
Snoring cessation aids and medications such as Breathe Right Spray, Snorezz
Vitamins are not an eligible expense, unless prescribed by a physician to treat a specific medical condition. (i.e. Iron to treat, not prevent, anemia; Calcium supplements to treat, not prevent, Osteoporosis). A doctor's note detailing the specific medical condition will be required for reimbursement
Weight loss/dietary supplements must be for a specific medical condition such as obesity

OTC Items Not Reimbursable

These items are obtained for cosmetic, personal, or general health purposes and are not reimbursable.

Lip balm that is not listed as either medicated or having SPF for protection against the sun	Feminine hygiene products, such as tampons and maxi pads	Shaving cream and razors
Cosmetics	Food items (i.e. Slim Fast)	Soap
Cotton balls	Hair removal treatments and waxes	Teeth whitening kits and powders
Deodorants	Mouth washes, antiseptics, and oral anesthetics	Toothpaste
Face creams, moisturizers, eye creams, and wrinkle reducers		Vitamins taken to improve overall health

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